

## The Controlled F.O.R.C.E. Team 2017

The Controlled F.O.R.C.E. Team leads an elite, handpicked group of professional instructors who all have an average of ten years teaching experience. This is an accomplished team that holds integrity, leadership, and ethics in high regard, and desires to create, improve, and maintain a program that stands as the leader in defensive tactics training. Completion of this Training Manual is your first step in becoming a part of the Controlled F.O.R.C.E. Team.

Current Controlled F.O.R.C.E. Instructors:

**Anthony Grano** - Controlled F.O.R.C.E. Director of Operations and creator of the Controlled F.O.R.C.E. System (1999 - Present)  
Military Combatives / CQC / ATFP / DT Instructor and Curriculum Developer

Experience as a Professional Instructor:

25 years' professional martial arts instructor.

Minimum 14 years as a professional law enforcement instructor in defense tactics for hundreds of departments across the United States ranging from federal, state and local agencies.

Member of Illinois Police Instructor Trainers Association (IPITA) (1998 - Present).

Tony Grano is a proud member of the United States National Standards of Training Association (U.S.N.S.T.A.), of which Controlled F.O.R.C.E. is an Approved Program. (1999 - Present)

**Kevin Rittenhouse** - United States Standards of Association Commissioner and Controlled F.O.R.C.E. International Instructor

Controlled F.O.R.C.E. International Instructor Levels 1, 2, 3 and F.O.R.C.E. Operator Course (2015 - Present)

Controlled F.O.R.C.E. Master Instructor Levels 1, 2 and 3 (2000 - Present)

Director of K9 Research and Development

Use of Force/ Officer Safety Training Coordinator

Military Trainer - Executive Protection Training Coordinator - Electronic Control Device Training Coordinator - Terrorism/Gang Training Coordinator

North Carolina State Highway Patrol First Sergeant Kevin S. Rittenhouse (retired)

**Michael Costa** - Controlled F.O.R.C.E. International Instructor

Controlled F.O.R.C.E. International Instructor Levels 1 and 2 (2016 – Present)

Controlled F.O.R.C.E. Master Instructor Levels 1, 2, and 3 (2009 – Present)

L.A.W.S. International, Inc.

President/CEO (1996 – Present)

Orlando, Florida

Duties include overseeing the Human Resource, Security/Training/Investigations, Operations, Sales, Accounting and Billing departments.

EXPERIENCE: Law Enforcement/Security Trainer (1982 – present)

L.A.W.S. International, Inc.

Orlando, Florida

Responsible for training law enforcement/security officers and loss prevention/dignitary protection agents in various areas which include, but are not limited to use of force, handcuffing, team tactics, pepperspray, environmental awareness, and defensive tactics. Coordinated and instructed in many specialized police/security training programs from police/security supervisor to officer safety and survival.

**Nicholas Cassiano** - Controlled F.O.R.C.E.® International Instructor

Controlled F.O.R.C.E. International Instructor Levels 1, 2, 3 and F.O.R.C.E. (2016 - Present)

Controlled F.O.R.C.E. Instructor Levels 1 and 2 (2011 - Present)

**Heath Jackson** - Controlled F.O.R.C.E. International Instructor

Controlled F.O.R.C.E. International Instructor Level 1, 2, 3 and F.O.R.C.E. Operator (2016 - Present)

Controlled F.O.R.C.E. Master Instructor Level 1, 2, and 3 (2006 - Present)

Adrenalin Proving Grounds, LLC (2006 - Current)

Greenville TX, 75401

President/Co-Owner of a Military, Law Enforcement and Civilian Training Facility.

Provide various services to these organizations in Firearms and other skill level related training.

Provide basic to advanced firearms training to special operations personnel.

Responsible for the documented training of over 2000 Law Enforcement Officers across the United States.

**James Hogwood II** - Controlled F.O.R.C.E. International Instructor

Controlled F.O.R.C.E. International Instructor (2015 - Present)

Controlled F.O.R.C.E. Operator Instructor (2015 - Present)

43 Years of Martial Arts Experience (Rank of Grand Master)

25 Years of Law Enforcement Defensive Tactics and Operation Experience including bus assault, executive protection, firearms, baton, and hand to hand close quarter combat.

**Wayne Parker** - Controlled F.O.R.C.E. Master Instructor

Controlled F.O.R.C.E. Instructor Levels 1 and 2 (2000 - present)

Controlled F.O.R.C.E. Master Instructor Levels 1, 2, 3 (2009 - present)

Controlled F.O.R.C.E. Operator Instructor (2016 - present)

Kent State Police Department Patrol Sergeant (2009 - present)

LAW ENFORCEMENT EXPERIENCE:

Police Officer (20 Years)

Police Sgt (8 Years)

Police Instructor (18 Years)

Police Academy Instructor Kent State Police Academy, OH (7 Years)

Police Academy Commander Kent State Police Academy, OH (4.5 years)

**Shawn Love** - Controlled F.O.R.C.E.® Master Instructor

Controlled F.O.R.C.E. Departmental Instructor (1998 -Present)

Controlled F.O.R.C.E. Master Instructor (2008 - Present)

Master Patrolman Winfield Police Department (1998 - Present)

ASP Instructor

Bike Patrol

Southern Kansas SWAT

Adjunct Instructor for Controlled F.O.R.C.E. at Cowley County Community College Levels 1 & 2

Blue Line Tracker Apprentice Level

5th Degree Master Blackbelt Instructor United States National Taekwondo Federation / World Taekwondo Council

5th Degree Blackbelt World Taekwondo Federation (Kukkiwon)

2nd Degree Blackbelt World Koryo Gumdo Association

1st Degree Blackbelt World Traditional Hapkido Alliance.

1st Degree Blackbelt Universal Consolidated Martial Arts - Jung Moo Kwan

1st Degree Blackbelt Police Martial Arts Association

**Pat Erickson** - Controlled F.O.R.C.E.® Master Instructor

Controlled F.O.R.C.E. Instructor (1998 - Present)

Controlled F.O.R.C.E. Master Instructor (2003 - Present)

Deputy Sheriff Retired (26 years)

Vice President Law Enforcement Tactical Training Association (LETTA) (1995 to present)

Founder and Past President Special Operations Training Association of the Upper Midwest (SOTA)

SWAT Instructor in Basic, Advanced and Hostage Rescue / Breaching - Dynamic Entry

VIP protection, High Risk Trials and Subject Transportation

Firearms Instructor Handgun, Shotgun and Rifle in Basic to Advanced CQB Instructor Cadre in Local / State / Federal /Military / National Guard Training Courses

Trainer for Homeland Security Contractors, Corrections, Security Personal and Law Enforcement Skills Programs

**Chad Cassel** - Controlled F.O.R.C.E.® Master Instructor

Controlled F.O.R.C.E. Instructor ® (2012 - Present)

Controlled F.O.R.C.E. Master Instructor® (2017- Present)

York County Sheriff's Office