

First Official Response in a Critical Environment



FIRST RESPONDER TRAINING

Mechanical Advantage Control Holds

Close Range Subject Control

Small Unit Tactics

Improvised Command Post

Controlled
F.O.R.C.E.



F.O.R.C.E.

Active Shooter Course

Sacramento, CA
November 1-5, 2010

WWW.CONTROLLEDFORCE.COM

Law Enforcement Officers in California came together at the Sacramento La Quinta Inn & Suites to train in the F.O.R.C.E. Active Shooter Course on November 1-5, 2010. Officers from Mono County Sheriff's Department and Washoe Tribal Police Department worked at formulating responses to hostile situations that lack clarity and require immediate action. Under the direction of Controlled F.O.R.C.E. Instructors Tony Grano and Don Roberts, attendees developed individual and two man response tactics, building into improvised 3 man, 4 man, 5 man, 6 man, and so on, tactics as personnel from multiple agencies/jurisdictions would arrive on scene.

The F.O.R.C.E. Active Shooter Course (F.O.R.C.E. stands for First Official Response in a Critical Environment) is all about neutralizing active shooters quickly and efficiently with minimal risk to first responding personnel, such as Police Officers, MPs, Security Forces, what have you.





The five day course starts by covering the principles of body movement and subject control/arrest control techniques based on the system of Mechanical Advantage Control Holds™ (M.A.C.H.). The M.A.C.H. System establishes a building block method for quickly and effectively developing teamwork and communication skills, which are expanded on as the course goes on.

Once the basics are covered, the course is all about movement and how to operate with another responder, or two, or three. The team builds as time moves on. The Controlled F.O.R.C.E. Instructors utilized as much of the La Quinta facility as possible to work team responses in a variety of environments, including narrow hallways, stairways, multiple entry point rooms, single entry point rooms, and open spaces.



The F.O.R.C.E. Active Shooter Course is the latest training offering by the Controlled F.O.R.C.E. Team. Like all Controlled F.O.R.C.E. courses, the F.O.R.C.E. Active Shooter Course is designed to be 90% hands-on (No PowerPoints), simple to learn, easy to retain, and intended to provide attendees a framework to continue building their skills even after the course is over. Since being introduced at the 10th Annual U.S.N.S.T.A. Tactical Training Seminar in December 2009, the F.O.R.C.E. Active Shooter Course has been highly received by police officers at Detroit Police Department in Michigan and Adams County Sheriff's Office in Colorado, as well as US Marine Corps MPs at Camp Foster in Okinawa.



Visit the Controlled F.O.R.C.E. Network for more pictures of this course: www.cforcenetwork.com.