

Kansas Lawmen Update Controlled F.O.R.C.E. Instructor Skills

February 1, 2010



Class at Dickinson County Sheriff's Dept

Dickinson County Sheriff's Department hosted a Controlled F.O.R.C.E. Level 1 & 2 Departmental Instructor Course on January 25-28, 2010 in Abilene, KS. Departmental instructors from law enforcement agencies around the area came together to develop their skills for transferring close quarters subject control techniques to officers at their respective departments.

The class was made up of a mix of officers attending their initial Controlled F.O.R.C.E. Departmental Instructor Course and officers renewing their instructor certifications. Some of the instructors present have been training with Controlled F.O.R.C.E. for a decade or more. One officer from Emporia Police Department was initially certified clear back in 1998. In fact, his certification number indicates that he was the 58th person to be instructor certified by Controlled F.O.R.C.E. (the number of certified instructors now approaches 5,000).

Controlled F.O.R.C.E. Corporate Instructor Toby Flaget led the class through Level 1, Mechanical Advantage Subject Control, and Level 2, Survival Force Reactionary Defense. Toby was also able to give the class a taste of some of the higher level material, as well as a chance to see the [Metal-TEC 1400-MIL](#) in action.

Upon completion of the training, instructors receive certification to teach the material to officers within their respective departments for a term of two years, at which time re-certification is required.



Class warms-up with Body Positioning Drills

Special thanks to Lt. Gregg Swanson and Dickinson County Sheriff's Department