
NAVCONBRIG Miramar Maintains DoD Standard of CRSC Corrections Training based on Controlled F.O.R.C.E. M.A.C.H. System

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Controlled F.O.R.C.E. Mobile Training Team (MTT) delivered its Xtreme Corrections Program to Correctional Officers at Naval Consolidated Brig (NAVCONBRIG) Miramar on 13-17 February 2012. The MTT, including Instructors Tony Grano, Toby Flaget, and Jim Roncal, provided Reinforcement Sustainment Training to the Brig instructor cadre in order to maintain the Department of Defense (DoD) standard of Close Range Subject Control (CRSC) Corrections training established with Miramar Command Emergency Response Team (CERT) members in 2009.

The Xtreme Corrections Program provides the Correctional Officer with a set of easy to use and highly retainable skills based on Mechanical Advantage Control Holds (M.A.C.H.) for engaging and controlling non-compliant Prisoners. Training began with drills for developing detainee handling and detainee transport skills, as well as reactionary defense tactics for surviving hard core prison attacks.

Training concluded with practical application drills in the cell block, covering cell extractions and riot control. Correctional Officers were able to practice M.A.C.H. Team Tactics to gain control of a combative inmate within the tight quarters of a prison cell, and fluidly transition the inmate out of the narrow cell door to the arrest team outside the cell.

Instructors addressed all of the Brig team's concerns for maintaining control of their environment at Miramar. Scenarios included dealing with attacks on the stairs, removing an inmate latched onto the table in the pods, riot control with shields, inmate transport from common areas to cell insertions, and various cell extractions including inmate on the bed, under the bed, and on the toilet.

Upon completion, NAVCONBRIG Miramar Correctional Officers honed the skills needed to decisively maintain situational control within the brig environment. Controlled F.O.R.C.E. commends the Brig team on its commitment to maintaining proficiency in the M.A.C.H. System, which provides the basis of detainee handling training for the U.S. Navy Corrections program.

About the Controlled F.O.R.C.E. Xtreme Corrections Program:

Section 1: *M.A.C.H. Close Range Subject Control* -- develops skills for engaging and controlling a non-compliant inmate utilizing Mechanical Advantage, not pain techniques, to gain compliance. This portion of the training covers: Body Positioning / M.A.C.H. Holds / Transitioning, M.A.C.H. Takedowns to Handcuffing Position, M.A.C.H. Team Tactics / Team Communication, Searching Techniques (recommended with [CF Metal-TEC 1400 Metal Detector](#)).

Section 2: *Survival Force Reactionary Defense* -- builds skills to survive a surprise attack by minimizing damage and transitioning to non-lethal tactics or escalating force, including knife/shank defense. This portion of the training covers: Lead Hand Protection and Disruption Drills, Knife/Shank Awareness and Defense, Ground Defense and Escapes, Less-Lethal Weapon Retention Drills.

Section 3: *Combative Counter Measures* -- builds skills to respond to and neutralize new immediate threats in close quarters. This portion of training covers: Close Quarters Domination Drills, Breaking-up Two or More Combative Inmates, Multiple Attacks and Multiple Attackers, Choke Hold / Headlock Escapes.

Section 4: *High-Threat Environment Control* -- builds skills to maintain control of the correctional environment in high-threat situations using individual and small team tactics, including cell extractions. This portion of the training covers: Threat Identification and Response Drills (with Less-Lethal Weapons), Tactical Movement and Dynamic Entry Drills (with and without Corrections Shield), Courtyard Disturbance, Cell Extractions.