
Instructor Development Training at 2012 NAFTO Conference

09 February 2012

Controlled F.O.R.C.E. will be providing Instructor Development Training at the 2012 NAFTO National Conference. The FTO Training Event will be held on June 20-22 at the Rosen Center Hotel in Orlando, FL.

Controlled F.O.R.C.E. Mobile Training Team (MTT) will be teaching the "Controlled F.O.R.C.E. Mechanical Advantage Subject Control Intro Course" to provide a foundation of skills for controlling a non-compliant subject utilizing body positioning, movement, momentum, and joint manipulation.

This course will emphasize Instructor Development as it relates to transferring knowledge for developing a rookie Officer's tactical mindset and situational awareness, and the importance of teamwork and communication in the non-compliant operating environment.

About the Training Session

The national average for in-service training of hand-to-hand subject control for police and correctional officers is approximately 4-8 hours per year. However, police and correctional officers go "hands-on" with suspects and inmates on a daily basis. Controlled F.O.R.C.E. gives officers a system of controlled defense that builds confidence to engage non-compliant suspects in a manner that reduces liability.

Since officers are allowed so little time to develop subject control skills, which are a perishable skills set, officers must have access to a system of training that can be practiced in short intervals (such as roll call). The Controlled F.O.R.C.E. "building block" methodology allows for high repetitions in training because each new technique reverts back to previously developed skills, resulting in high retention rates during high-stress situations.

Upon completion of this course, the attendee will be able to:

Demonstrate an understanding of the importance of body positioning for engaging a non-compliant suspect.

Demonstrate an understanding of the principles of Mechanical Advantage, including leverage, joint manipulation, movement, and momentum.

Demonstrate a knowledge of and ability to perform the five Mechanical Advantage Control Holds.

The training is based on five Mechanical Advantage Control Holds™ (M.A.C.H.) that use a subject's resistance against him/herself. The 4-hour course covers the following categories: Mechanical Advantage Control Holds™ (M.A.C.H.); M.A.C.H. Takedowns & Handcuff Positioning; and M.A.C.H. Team Arrest Tactics.

The skills developed through this course will improve the officer's ability to control the non-compliant operating environment and will enhance the officer's current knowledge base (including PPCT and Taser). The course provides a solid introduction to the full Controlled F.O.R.C.E. program. Attendance in this course is restricted to Law Enforcement Officers only.

About NAFTO

The National Association of Field Training Officers (N.A.F.T.O.) is a non-profit educational and professional association concerned with apprenticeship training (commonly referred to as the Field Training Officer concept) for Law Enforcement, Communications, and Corrections personnel. Educators, Administrators and other Criminal Justice practitioners are also encouraged to participate.

For full NAFTO Conference Information and Registration, visit: www.nafto.org

[Click here for additional information on Controlled F.O.R.C.E. Arrest Control Training](#)