

TRAINING AND SUPPORT SERVICES

2013 CATALOG



Training the Protectors of the United States

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Confidentiality

All information included in this Training Proposal is confidential and only for the recipient knowledge. No information included in this document or in discussions connected to it may be disclosed to any other party.

*"I have been in law enforcement for 23 years. I have been a defensive tactics trainer for 16 years. I have taken many defensive tactics systems. **Controlled F.O.R.C.E.** has been in our basic recruit training since 1999. Their system has been the most consistent, effective, practical, and defensible system I have ever been trained in."*

Sergeant Kristy Cross, Detroit Police Training Center

Executive Summary

Controlled F.O.R.C.E. is the developer and sole source provider of the ***Mechanical Advantage Control Holds™ (M.A.C.H.)*** system, which establishes a national standard of subject control and defensive tactics training that has been adopted into doctrine, training curriculum, and use of force policy at all levels of law enforcement, corrections, security, and armed forces.

Our unique ability to develop training curriculums and standardizations that integrate into existing programs has time and again exceeded expectations of federal, state, and local government agencies. While retaining our core service of Close Range Subject Control (CRSC) training, Controlled F.O.R.C.E. continues to explore and develop improved methods for cost effectively delivering staff development content.

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▶▶▶ COUNTER-TERRORISM TRAINING COURSES

Controlled F.O.R.C.E. Level 1 – Mechanical Advantage Subject Control



Develops Skills for Handling and Detaining Non-Compliant Subjects

Teaches personnel how to control a non-compliant subject utilizing body positioning, movement, momentum, and joint manipulation. The system is based on five Mechanical Advantage Control Holds™ (M.A.C.H.) that use a subject's resistance against himself/herself. Each technique of Controlled F.O.R.C.E. can be taught in minutes, saving valuable training time. These tactics greatly reduce the risk of injury to officers and to the subjects they encounter, protecting departments from liability and worker compensation costs.

Course Covers:

- Body Positioning Drills
- **Mechanical Advantage Control Holds™ (M.A.C.H.)**
- M.A.C.H. Takedowns
- M.A.C.H. Handcuff Positioning
- M.A.C.H. Team Arrest Tactics
- M.A.C.H. Baton Subject Control
- In-Holster Weapon Retention

Controlled F.O.R.C.E. Level 2 – Survival Force Reactionary Defense



Develops Skills for Defending Against Sudden Attacks

Teaches personnel how to survive a surprise attack and then transition to control tactics. The system builds upon the basic principles of body movement and positioning learned in Level 1. Where Level 1 teaches personnel how to control and arrest an aggressive subject, Level 2 prepares the officer for the sudden and violent situations that are not expected. These techniques are proven to save lives.

Course Covers:

- Hand-to-Hand Protection / Disruption
- Baton Protection / Disruption
- Knife Awareness & Defense
- Ground Defense & Escapes
- Out-of-Holster Weapon Retention
- Weapon Disarms

Pre-Requisite: Completion of Level 1

Controlled F.O.R.C.E. Level 3 – Combative Counter Measures



Teaches how to survive a combative situation when confronted and attacked by a street-wise assailant or professionally trained enemy combatant. This training program has been designed to flow directly from Controlled F.O.R.C.E. Levels 1 & 2 and back again as the use of force requirements escalate and de-escalate throughout a given situation.

Course Covers:

- Level 1 & 2 Full Instructor Review with Updates and Options
- Mechanical Advantage Control Holds™ (M.A.C.H.) 6-10
- Strikes / Counter Strikes (Continuous Drilling)
- Advanced Hand Fighting Tactics / Advanced Baton Control
- Counter Measure Hand Drills
- Advanced Ground Fighting Tactics
- Comprehensive Scenario-Based Survival Training

Pre-Requisite: Must Hold a Current Level 1 & 2 Departmental Instructor Certification

Controlled F.O.R.C.E. Level 4 – F.O.R.C.E. Critical Incident Small Team Tactics



First Official Response in a Critical Environment

In a spontaneously occurring active shooter situation, survival and success depends on immediate action. The *F.O.R.C.E. Responder Course* hones muscle memory, enabling the First Responder to immediately recall vital tactics under stress.

This rapid and intense course is packaged in compounding drill format to give you high reps so you can immediately recall survival skills when you need them the most. The unique Controlled F.O.R.C.E. compounding drill format generates drills from previous drills, allowing for maximum repetitions in short periods of time.

Course Covers:

- Body Positioning / M.A.C.H. Holds / Transitioning
- M.A.C.H. Takedowns to Handcuffing Position
- M.A.C.H. Team Tactics / Team Communication
- Lead Hand Protection and Disruption Drills
- Knife Awareness and Defense
- Close Quarters Domination Drills
- Tactical Movements on the Ground: Falls, Weapon Drawing, Recoveries
- High-Stress Multi-Tasking and Transitioning Drills
- Weapon Drawing and Re-holstering While in Contact with Opponent
- Threat Identification and Response Drills
- Tactical Movement and Dynamic Entry Drills
- Areas of Responsibility: Secure, Support, and Transition
- Individual and Small Team Tactics
- Improvised Command Post
- Integration of Multiple Agency Responses

‘I have been working with SWAT teams for years and I did more training in one morning with Controlled F.O.R.C.E. than I have ever done in my entire SWAT career.’

-Aaron Murauskas

Controlled F.O.R.C.E. Level 5 – Xtreme Mobile Force Protection / Pre-Deployment Custom Training



The Controlled F.O.R.C.E. Xtreme Training Package delivers a fully customizable training that covers maximum information in minimum time frames with high levels of retention and muscle memory. The Xtreme Training Package allows the client to select the specific skills sets that they need to succeed in their operational environments, and then ties all the necessary training together into an integrated force response skills base for optimum situational control.

The Xtreme Training Package is provided by Controlled F.O.R.C.E. Mobile Training Teams (MTTs) consisting of U.S.N.S.T.A. (United States National Standards of Training Association) consultants who are subject matter experts (SMEs) in the fields of Military Tactics, Law Enforcement Tactics, Corrections Tactics, Anti-Terrorism / Force Protection (AT/FP), Security Forces, Executive Protection, SWAT Tactics, Protective Services Detail (PSD), Evasive Driving, Close Quarters Battle (CQB), Aircraft Recovery, and Small Arms Weapons.

This program is perfect for Pre-Deployment Training and been field tested and proven to be effective in high stress environments.

➤➤➤ **GSA FEDERAL TRAINING COURSES**

CF Xtreme MP / MAA / Security Forces



Designed to address the needs of DoD and Federal Units that operate in a Law Enforcement capacity.

Course provides the necessary training to operate in a law enforcement capacity. Highly intensive training that covers CRSC, M.A.C.H.™, UOF, Knife Awareness, Ground Defense & Escapes, small unit tactics, communications, and environment control. Based on the M.A.C.H. training system.

CF Xtreme Corrections / Detainee / CERT



Designed to address the needs of DoD and Federal Units that operate in a Corrections and Detainee handling capacity.

Course provides the necessary training to operate in a correctional / detainee handling capacity. Highly intensive training that covers CRSC, M.A.C.H.™, UOF, Knife Awareness, Ground Defense & Escapes, small unit tactics, communications, and environment control that specifically address the needs of the corrections realm.

CF Xtreme SOF / SWAT / Team OPS



Designed to address the needs of DoD and Federal Units that operate in a Special Operation Force or SWAT type capacity.

Course provides the necessary training to operate in a hostile situation. Highly intensive training that will cover CRSC, M.A.C.H.™, UOF, Knife Awareness, Ground Defense & Escapes, small unit tactics, communications, and environment control that specifically address the needs of the SOF / SWAT realm. Customized to client's specific mission task and needs.

CF M.A.C.H. Sustainment Trainer



Controlled F.O.R.C.E. M.A.C.H. Level 1 and 2 Trainer.

Controlled F.O.R.C.E. has formulated a modernized AT/FP training Program that delivers more information in a shorter period of time with a higher level of retention. We have cut out the nonsense that impedes typical combative programs to transfer knowledge rapidly and decisively. The program has been adopted by US Army / USMC MP School House, USN MAA and Corrections School. It is also currently part of the DOD INIWIC program.

▶▶▶ MILITARY TRAINING COURSES

Military Protective Service Detail (PSD)/ Personal Security Officer (PSO) Basic Course



AT/FP instruction in techniques to conduct PSD operations. Instruction covers planning, surveillance, and principal movement in a critical environment, with an emphasis on close-quarters unarmed defense.

Instruction also covers travel pattern analysis, terrorist surveillance detection for PSD operations, formations, areas of responsibility, and team tactics for protecting a principle in military operations. Course includes mission planning and coordination.

Upon completion of this course, operator will be able to:

- Understand key protective formations in PSD operations
- Understand planning and execution of military PSD operations
- Understand areas of responsibility in team tactics

Military Protective Service Detail (PSD)/ Personal Security Officer (PSO) Advanced Course



Pre-Deployment training will enhance Soldiers force protection posture while performing duties as PSD for command staff. Training will cover all aspects of security detail including activities and information from current operations. The program continues to build upon previous training received from the DOD training institutions such as US Army MP School and DOD INIWIC.

Objectives:

- To learn the fundamentals of principle movement and PSD through physical skills exercises
- To learn essential crisis planning skills through “attack on principle” drills and scenarios
- To learn the principles of firearms deployment on protective details
- To learn fundamentals of Surveillance tactics
- To learn basic unarmed and close range subject control tactics
- To learn basic driving tactics, techniques, and procedures specifically addressing the PSD environment
- To obtain M.A.C.H.™ CRSC training currently utilized by USAMPS

Entry Control Point (ECP)/ Access Control Point (ACP)



Personnel, Vehicle, and Maritime Entry / Access Control Points

AT/FP instruction in proper ECP/ACP setup and for conducting personnel, vehicles, small boats, and packages. ECP/ACP techniques emphasize manpower, positioning, and communication as tools to mitigate threats and respond to attacks.

Riot Control / Crowd Control Operations



Civil Unrest Response

AT/FP instruction in techniques to limit threats to the area of operation by understanding crowd dynamics and how to quickly and effectively respond to riots and civil unrest with an appropriate level of force. Riot and crowd control response emphasizes Defense in Depth zone defense layout to extract threats while maintaining situational control through front line presence.

Close Quarters Combat (CQC)



Controlled F.O.R.C.E. has developed and provided Close Quarter skills training for many different DoD branches, including units and entire companies from the US military SOF community, for pre-deployment training.

We are fully aware of the “full operational load-out” kits that may be worn by the Sailors / Soldiers / Marines / Airman. As part of the training, especially in extremely close quarters, we utilize the coarseness of the material of the kit as a non-lethal compliance tool.

Students are also taught to use the extra weight of their kits during the initial Body Positioning Drills with continued emphasis on the ability to disengage quickly, to escalate force (such as a firearm deployment), and to react to threats in their environment.

The program provides a means of assessing threats and reacting in the most realistic options to control a situation or create distance to escalate force.

Convoy Operations - Driving and Formations



Training will provide an understanding of best practices from professionals that have military and law enforcement operational experience and instructional experience with DOD/LE training institutions.

Topics:

- “K” Turns
- “C” Turns
- “U” Turns
- “Leap Frog” Exercises
- Vehicle Assault Drills
- Vehicle Evacuation Drills
- Vehicle Transition Drills

The primary objective of this course is to develop strategies and skills to expeditiously and safely transport a Principle while minimizing exposure of the Principle’s Vehicle (PV) as a static target.

Controlled F.O.R.C.E. All Heart - Tactical Oleoresin Capsicum (OC) Deployment



Controlled F.O.R.C.E. All Heart provides a more efficient method of skill development by incorporating teamwork training, OC deployment, and training safety concerns into a single exercise.

This training has been specifically designed to provide multiple levels of training:

- OC Exposure and M.A.C.H. Subject Control
- Baton Deployment
- Multiple Attackers
- Teamwork and Team Takedowns
- Training Safety

The purpose of the All Heart is to have the teammates inspire, motivate and be accountable to their partner who is suffering from the effects of OC spray.

By utilizing a heart shape pattern and having multiple training concurrently by involving the students as instructors/Safety during the evolution, the training delivery methodology provides better utilization of training time and experience for all involved.

Military Operations in Urban Terrain (MOUT) Custom Training Package



Controlled F.O.R.C.E. MOUT Training teaches the military operator how to adapt established skill sets to new situations in an urban environment, enhancing preparation for deployment to hostile environments.

Realism in MOUT Training:

- Mission planning
- Problem Solving
- Urban Scenarios
- Searching and Clearing different types of buildings
- Traps / Ambushes
- Vehicles
- Day and Night operations
- Casualties / Enemy Role Players
- Simunitions for ranged force-on-force combat

AAR from previous MOUT training operation with US Air Force 27th Special Operations Security Forces Squadron:

“while this exact scenario may never be performed by the students, the overall training still gives students a base of knowledge to perform linear assaults and also a way of thinking through problems.”

Controlled F.O.R.C.E. provides a skill development program that enables the unit to work together to problem-solve in critical situations with expert guidance from the instructor team.

Anti-Terrorism / Force Protection Training, Consulting, and Management



AT/FP Plans and Exercises

Provide assistance in developing, coordinating, and conducting Antiterrorism / Force Protection (AT/FP) and security related plans, exercises, and training for DoD agencies.

CAPABILITIES

- Conduct regular analysis of threats for the client
- Conduct annual Antiterrorism awareness training for the client's workforce
- Assist in conducting criticality and vulnerability assessments
- Prepare, update, and provide country-specific threat briefings to overseas travelers
- Assist in the solicitation and prioritization of nominations and facilitate selectee's attendance to Antiterrorism training
- Assist in preparing, researching, and writing advisories that increase Antiterrorism / Force Protection awareness within the workforce
- Assist with planning and execution of Emergency Operations Center (EOC) exercises
- Prepare and staff Antiterrorism and Emergency Operations related plans and policies

QUALIFICATIONS

Controlled F.O.R.C.E. possesses in-depth knowledge and experience in the field of Antiterrorism operations and developing and conducting related plans and training.

▶▶▶ LE / MIL OPERATOR TRAINING COURSES

Total Echelon Advanced

Tactical Weapon Drawing, Retention, and Disarms from the Ground – Echelon 1



Drills to provide the Armed Operator with options to draw a weapon from the ground in a way that avoids flagging for situations where the operator falls while being pursued by an assailant.

Upon completion of this course, operator will be able to:

- Safely deploy sidearm from the ground

Tactical Weapon Drawing, Retention, and Disarms from the Ground – Echelon 2



Advanced Drills to provide the Armed Operator with options to survive an ongoing attack on the ground and utilize weapons from the ground to neutralize the threat.

Upon completion of this course, operator will be able to:

- Safely deploy sidearm from the ground while being attacked
- Disengage attacker and regain a position of advantage

F.O.R.C.E. Operators Course Echelon 1 – Close Range Subject Control



Close Quarters Domination Drills to provide the Operator with skills to defeat an opponent by any means necessary and foster a competitive winning spirit.

Upon completion of this course, operator will be able to:

- Quickly and effectively neutralize a close quarters threat in a manner that allows the operator and his team to continue the mission

F.O.R.C.E. Operators Course Echelon 2 – Movement and Transitions with Weapons



Develops skills for transitioning between primary and secondary weapons while moving. Course also covers magazine transition drills. Builds the operators ability to maintain control of the environment while moving and transitioning with weapons.

Upon completion of this course, operator will be able to:

- Fluidly transition between primary and secondary weapon
- Perform rapid magazine transitions
- Perform weapon transitions while moving

F.O.R.C.E. Operators Course Echelon 3 – Cover and Concealment



Drills to develop proper individual operator and team cover and conceal tactics. Incorporates transitioning between primary and secondary weapons from a barricade position, as well as transitioning between left and right side of the body.

Upon completion of this course, operator will be able to:

- Effectively use cover
- Effectively return fire while using cover
- Shoot from unconventional firing positions

F.O.R.C.E. Operators Course Echelon 4 – Individual to Small Team Tactics



Develops rapid response tactics for first responding Operators through simplified team transitioning techniques. Utilizes basic equations for addressing areas of responsibility and movement while transitioning through a hostile environment.

Upon completion of this course, operator will be able to:

- Utilize verbal and non-verbal communication within team formations
- Understand team transitions within a dynamic environment
- Perform improvised team movements

F.O.R.C.E. Operators Course Echelon 5 – Searching, Clearing, Neutralizing Adversaries



Zone domination drills covering blow-by room scan techniques to dynamically target and isolate threats as quickly as possible. Team dynamic entry and exit drills identify areas of responsibility for clearing rooms.

Upon completion of this course, operator will be able to:

- Quickly transition to a known threat using Blow-by Room Scan Techniques
- Dynamically enter, search, clear and exit rooms quickly and thoroughly

F.O.R.C.E. Operators Course Echelon 6 – Low Light Searching and Clearing Tactics



Zone domination drills covering blow-by tactics and room scan techniques to dynamically target and isolate threats as quickly as possible in a low light environment.

Upon completion of this course, operator will be able to:

- Search and clear in low light and no light environments
- Operate as a team in low light environments

F.O.R.C.E. Operators Course Echelon 7 – Multiple Threat Engagement



Optimize operational awareness through high-threat environment control drills to better identify, engage, and neutralize secondary and tertiary threats.

Upon completion of this course, operator will be able to:

- Demonstrate an understanding of environment control through threat identification and response
- Respond to new immediate threats

F.O.R.C.E. Operators Course Echelon 8 – Opposing Force (OPFOR) Tactics



Target and neutralize a known-enemy with emphasis on environment control and minimizing casualties.

Upon completion of this course, operator will be able to:

- Utilize cover and conceal techniques and team transitions to engage and dominate an opposing force

Total Echelon Advanced F.O.R.C.E. Operators Course



Become the total Armed Operator by developing tactics to respond to critical situations individually or as an improvised team.

Upon completion of this course, operator will be able to:

- Confront, dominate, and neutralize unknown and known threats within the high-risk environment
- Operate within hostile environments as an individual or as an improvised team responding to spontaneously occurring critical situations

▶▶▶ POLICE AND MILITARY WORKING DOG TRAINING

K9 Deployment



Controlled F.O.R.C.E. Proving Grounds is a full service K9 training facility and home of the Controlled F.O.R.C.E. Working Dogs Training System. Services will provide legitimate certifications for all K9s and Handlers trained.

Training can be provided to prepare for the following types of deployments with a K9 unit:

- Handler Courses
- Single Purpose K9 Training
- Dual Purpose K9 Training
- Patrol Dog Training
- Trainers Courses
- Decoy Courses
- Seminars and Symposiums
- Problem Solving Courses
- Small Team K9 Tactics
- K9 Conditioning and Health Courses
- Narcotics Search
- Building Search
- Area Search
- Evidence Search
- Tracking
- Felony Vehicle Stops
- Tactical Deployments
- Apprehension



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Dual Purpose Handler Course



This course prepares K9 Handlers and their pre-trained Dual Purpose K9 to work together as a team to master the following disciplines:

- Obedience
- Agility
- Tracking
- Detection (Explosive or Narcotic)
- Article Search
- Area Search
- Building Search
- Controlled Aggression

In addition to hands-on training, K9 Handlers will receive classroom instruction that details how to care for their K9, search and seizure rules and laws, and litigation preparation. Controlled F.O.R.C.E. Certification will be awarded upon completion.

Single Purpose Handler Course



A combination of hands-on training and classroom instruction will ensure that the dog and handler team will be prepared for certification in detection (explosive and narcotic) and obedience. Classroom instruction will detail how to care for your K9, search and seizure rules and laws, and litigation preparation. Hands-on training incorporates scenario-based training to ensure that the handler is prepared to adjust to the duties of that the job entails. Controlled F.O.R.C.E. Certification will be awarded upon completion.

Re-Certification Course



This 16-Hour course offers one day of preparation and one day of re-certification for your K9. Instructors help mitigate issues that your team may be encountering in patrol or detection (explosive or narcotic) work. Classroom instruction includes updates on case law and trends in terrorism. Controlled F.O.R.C.E. Certification will be awarded upon completion.

Problem Solving for Your Working K9



Using the Controlled F.O.R.C.E. Working Dogs training methods, instructors can evaluate and resolve all behavior and training issues with your K9. Instructors have experience resolving the following problems:

- Handler Aggression
- Intolerance to other dogs and/or people
- Releasing during Apprehension
- Control during Protection Work
- Any other training problems relating to K9 patrol and deployment

Instructors can establish a program based on training issues to establish what is necessary to gain control of your dog.

16-Hour In-Service K9 Handler Training at College of DuPage



The Suburban Law Enforcement Academy (SLEA) and Controlled F.O.R.C.E. offer a 16-Hour in-service training program for Law Enforcement and Military K9 Working Dogs. This program provides an overview of in-service training and fundamentals of strategies in apprehension work, narcotic detection, and explosive detection. Handlers and their K9s will be exposed to practical scenario-based training that will provide for continuing development and reinforcement of perishable skills.

▶▶▶ PROTECTIVE OPERATIONS TRAINING COURSES

Energetic Material Response



The Threat Within - Domestic Terrorism

Section 1: Domestic Terrorism. This course is designed to provide law enforcement first responders and investigators with an understanding of Domestic Terrorism groups and/or individuals that pose a threat to the United States, either by known criminal acts or intelligence assessments. Underlying philosophies and ideologies will be noted to help the student understand group and group-member behavior.

Section 2: Explosives Incident Response and Investigation. This course is designed for law enforcement first responders and investigators to introduce the student to explosives, improvised explosive device (IED) recognition, bomb components and concepts for post blast investigations.

Basic Executive Protection Course



Develop strategies for conducting Executive Protection operations for Executives, Politicians, Foreign Dignitaries, Celebrities, and other high-profile clients. Course is based on field tested techniques for operational planning, escorting through crowds, principle protection, and convoy operations.

Instruction covers mission planning, coordination, surveillance, counter surveillance, travel pattern analysis, formations, areas of responsibility, principal movement in a critical environment, and team tactics for protecting a principal.

Upon completion of this course, PSD operator will be able to:

- Understand key protective formations in PSD operations
- Understand issues of carrying and drawing a concealed weapon
- Understand planning and execution of PSD operations
- Understand areas of responsibility in team tactics
- Understand watching and moving in crowds
- Understand threat identification and threat aversion
- Understand evacuations and escape route planning

Security Assessment / Security Consulting

Controlled F.O.R.C.E. helps organizations mitigate liability through security assessment and security consulting services. Our team will identify indicators that may lead to potential threats, and help your staff develop basic strategies for establishing a more secure facility.

- Learning how to look for Visual Indicators for imminent threats
- Identifying unstable behavior that can lead to potential threats
- Coordinating between law enforcement and mental health professionals

- What to do if a potential threat is identified
- Working together as a team
- Security camera assessment
- Evacuation plan / escape routes assessment
- Identifying potential safety hazards such as fire, chemical, electrical, structural

Environment Control Strategies: Crowd Management



Controlled F.O.R.C.E. Crowd Management Program provides instruction in techniques to limit threats to the area of operation by understanding crowd dynamics and how to quickly and decisively respond to riots and civil unrest with an appropriate level of force. Riot and crowd control response emphasizes a Defense in Depth zone defense layout to enable Arrest Teams to surgically extract threats while maintaining situational control through Front Line presence.

Our Crowd Management Program addresses specific preparations and operations strategies for security members to maintain environment control and mitigate potential liabilities.

▶▶▶ ENVIRONMENT-SPECIFIC TRAINING COURSES

Adult Corrections Environment



Corrections Detainee Handling / Detainee Transport

Mechanical Advantage is a highly effective subject control tool for detaining and escorting non-compliant inmates motivated by fear, anger, drugs, alcohol, medication, or lack of medication.

Mechanical Advantage redirects a non-compliant inmate's resistance. This means that the *inmate determines the correctional officer's response* rather than the correctional officer coercing a desired action from the inmate.

Controlled F.O.R.C.E. Detainee Handling / Detainee Transport training can be customized, expanded on, or integrated into any other training program.

- Body Positioning Drills
- Mechanical Advantage Control Holds™ (M.A.C.H)
- M.A.C.H Close Quarters Subject Control Tactics
- M.A.C.H Handcuff Positioning™
- M.A.C.H Team Tactics™
- Breaking-up Two or More Combative Inmates
- Hand-to-Hand Disruption Techniques
- Multiple Attacks and Multiple Attackers
- Knife Awareness and Defense
- Choke Hold / Headlock Escapes
- Cell Extractions
- Courtyard Disturbance

Controlled F.O.R.C.E. Training will provide officers and staff members with the skills needed to decisively maintain situational control within the correctional/detention environment.

Maintaining Safety in Juvenile Justice



M.A.C.H. Subject Control Training for Juvenile Justice Staff Members

Controlled F.O.R.C.E. Training Management Systems has developed a training program to assist youth oriented agencies develop staff to be able to use verbal and physical control methods to more safely and effectively manage the juveniles in their care. This program, which is easy to learn, simple yet effective to utilize, and easy to retain and recall, helps minimize injury to staff members and juveniles and mitigate an agency's liability.

The Controlled F.O.R.C.E. training program develops a staff member's awareness and ability to maintain control of their environment through crisis prevention, behavior management, and restraint techniques.

By building staff member confidence, helping staff understand their possible limitations, emphasizing staff presence and verbal commands, and improving teamwork and team communication, the Controlled F.O.R.C.E. program will help staff members maintain a safe environment.

The specific points of instruction of the course are as follows:

- Verbal De-Escalation
- Body Positioning Drills
- Mechanical Advantage Control Holds™ (M.A.C.H.)
- M.A.C.H. Subject Control Tactics
- M.A.C.H. Handcuff Positioning™ and Restraint Application
- M.A.C.H. Team Arrest Tactics™
- Breaking-Up Two or More Combative Youth
- Lead Hand Protection / Disruption Techniques
- Multiple Attacks and Multiple Attackers
- Knife Awareness and Defense
- Choke Hold / Headlock Escapes

This program can be customized to your specific requirements to best help your agency reduce injuries and provide staff with the skills needed to be safe and effective.

Maintaining Safety in the Judicial Environment / Court System



M.A.C.H. Subject Control Training for Court Security and Police

The Court Officer is responsible for performing a variety of functions, including: serving writs; detainee transport; escorting high risk / high profile prisoners; Adult Court security; Juvenile Court security; Probations and Parole, and Executive Protection of judges, attorneys, and other legal professionals.

There are a variety of challenges faced by the Court Officer in the performance of these functions in the Judicial Environment, including: tight / enclosed spaces; emotional and behavioral motivations for violence; domestic violence; gang violence; and violence against victims.

Controlled F.O.R.C.E. provides a training solution for developing the Court Officer's skills for maintaining control of the Judicial Environment.

Course Covers:

- Close quarters subject control
- Teamwork and team subject control tactics
- In-holster and out-of-holster weapon retention
- Breaking-up and protecting two or more combative detainees or youths
- Detaining or restraining non-compliant detainees or youths
- Protecting from multiple attacks or multiple attackers
- Managing aggressive behavior
- Positioning a detainee or youth for restraint application and behavioral observation

- Avoiding getting cut by an edged-weapon in an attack
- Maintaining team formations in high risk inmate control scenarios
- Escorting high risk / high profile inmates
- Executive Protection of judicial staff
- Crowd control
- Holding Cell Extractions

Maintaining Safety in Hospitals / Mental Health Institutions

Patient Handling Training for Hospital Security and Police

Mechanical Advantage is a highly effective subject control tool for detaining and escorting non-compliant patients motivated by fear, anger, drugs, alcohol, medication, or lack of medication.

Mechanical Advantage redirects a non-compliant patient's resistance. This means that the patient determines the staff member's response rather than the staff member coercing a desired action from the patient.

Controlled F.O.R.C.E. Patient Handling training can be customized, expanded on, or integrated into any other training program.

- Body Positioning Drills
- Mechanical Advantage Control Holds™ (M.A.C.H)
- M.A.C.H Close Quarters Subject Control Tactic
- M.A.C.H Handcuff Positioning™
- M.A.C.H Team Tactics™
- Breaking-up Two or More Combative Patients
- Hand-to-Hand Disruption Techniques
- Multiple Attacks and Multiple Attackers
- Knife Awareness and Defense
- Choke Hold / Headlock Escapes
- Room Extractions
- Courtyard Disturbance

Controlled F.O.R.C.E. Training will provide officers and staff members with the skills needed to decisively maintain situational control within the hospital / mental health environment.

▶▶▶ CIVILIAN TRAINING COURSES

Maintaining Safety in our Schools



Appropriate Response in the Educational Environment

Confidence is key for maintaining a Safe Learning Environment and reducing liability.

Upon returning to their respective schools, participating faculty and staff will approach their work differently as a result of this presentation. By being better able to evaluate situations with a potential to escalate to violence, and by having more confidence to appropriately respond to problems that may occur, participants will more effectively maintain a safe learning environment and help reduce the school's and district's liability.

Topics:

- Policies / Acceptability
- Teamwork and Self-Defense
- Controlling Non-Compliant Subjects
- Breaking-up Fights
- Scenarios: Handling students (K-12), and adults (disgruntled parents)

Controlled F.O.R.C.E. Sexual Assault Defense



Develop a Survival Mindset

According to the National Child Safety Council, "1 in 4 women will be raped in their lifetime." This course is designed to empower women by providing education on what sexual assault is, and techniques for preventing attack. This course also prepares you for situations where you may come face to face with an attacker. Through "hands on" exercises, this course will teach you how to react mentally, physically, and emotionally to assault. You will become more confident to better protect yourself by gaining an understanding of how our bodies react to threats, and learning how to using those reactions to your advantage in a confrontation.

Topics:

What is sexual assault

- Facts about sexual assault
- Safety awareness
- Prevention techniques

Protecting yourself in an attack

- Adrenal responses to initial confrontation
- Self-defense and escapes
- Falling to the ground and ground defenses
- Post-assault considerations

▶▶▶ SUPPORT / CONSULTING SERVICES

U.S.N.S.T.A. Fit for Duty Assessment Program



The U.S.N.S.T.A. Approved Controlled F.O.R.C.E. Fit for Duty Assessment Program is designed to give the officers all the tools they need to develop the skills required to protect themselves, protect others, and minimize injury to themselves and others as well.

We establish this with basic body movement drills that will allow a department to identify whether or not a potential or current employee is capable of learning and moving in a way that exposes any pre-existing injuries he or she may have.

Our fit for duty evaluation sets the standard by gauging the potential or current employee's personal limitations as to what he or she can and cannot do.

It also gives the department an intuitive first-hand look as to how potential or current employees perform these series of movements without a pass/fail system, focusing on CAN the subject learn and perform within reasonable expectations.

Doctrine Development / Curriculum Development

Controlled F.O.R.C.E. established and continues to cultivate the professional organization United States National Standards of Training Association (U.S.N.S.T.A.) to promote shared lessons learned and best practices, and to test and validate new concepts between civilian and military law enforcement.

Our team members are responsible for the development of LE curriculums in use of force and investigations, including the M.A.C.H. Subject Control curriculum approved or recognized by Peace Officer Standards of Training (P.O.S.T.) boards or equivalent in 23 states.

Our team members are also responsible for the development of DoD curriculums in use of force, including INIWIC Close Range Subject Control, INIWIC All-Heart OC Lanes, and the M.A.C.H. Subject Control curriculum utilized by the US Army MP School, US Marine Corps MP School, and US Navy MA School.

End User Certification Program for In-Service Training

Mitigate Use of Force Liability Risk and Associated Costs

The Departmental End User Certification Program was developed in response to requests from Controlled F.O.R.C.E. Certified Departmental Instructors to increase protection for themselves and their departments from Use of Force training liability, and to ensure that each officer they train is documented by the Controlled F.O.R.C.E. Corporate Office and receives access to support manuals with video demonstration of each technique.

The full implementation of the Controlled F.O.R.C.E. training system into a department's Use of Force training curriculum has been documented to have reduced officer injury and Use of Force reports, and directly decreasing costs associated with Use of Force liability.

Use of Force / Response to Resistance Policy Analysis and Revision

Controlled F.O.R.C.E. has worked with individual LE agencies to review, analyze, and revise policies and procedures, including the development of Use of Force Policy that more appropriately relates to the current operational and legal environments of the LEO (examples: Collin County, TX; Detroit PD, MI).



Call 630-365-1400
For Information

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ACTIVE SHOOTER

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School Buses & Buildings

^ LIMITED SPACE ^



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Includes
Controlled F.O.R.C.E.
Level 1 & 2 Instructor
Re-Certification

TOPICS COVERED

Instructor Development
High Risk Traffic Stops
Weapon Retention and Disarms
Defensive Tactics Systems
Active Shooter / Small Team Tactics
How to Handle Juveniles
OC and Baton Deployment
M.A.C.H. Subject Control
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