

EXCLUSIVE

# TRAINING COURSES

Controlled F.O.R.C.E. is the Sole Source Provider of the Mechanical Advantage Control Holds™ (M.A.C.H.) Training System



## **COURSE: CF Xtreme MP / MAA / Security Forces**

Designed to address the needs of DoD and Federal Units that operate in a Law Enforcement capacity.

Course provides the necessary training to operate in a law enforcement capacity. Highly intensive training that covers CRSC, M.A.C.H.™, UOF, Knife Awareness, Ground Defense & Escapes, small unit tactics, communications, and environment control. Based on the M.A.C.H. training system.



## **COURSE: CF Xtreme Corrections / Detainee / CERT**

Designed to address the needs of DoD and Federal Units that operate in a Corrections and Detainee handling capacity.

Course provides the necessary training to operate in a correctional / detainee handling capacity. Highly intensive training that covers CRSC, M.A.C.H.™, UOF, Knife Awareness, Ground Defense & Escapes, small unit tactics, communications, and environment control that specifically address the needs of the corrections realm.



## **COURSE: CF Xtreme SOF / SWAT / Team OPS**

Designed to address the needs of DoD and Federal Units that operate in a Special Operation Force or SWAT type capacity.

Course provides the necessary training to operate in a hostile situation. Highly intensive training that will cover CRSC, M.A.C.H.™, UOF, Knife Awareness, Ground Defense & Escapes, small unit tactics, communications, and environment control that specifically address the needs of the SOF / SWAT realm. Customized to client's specific mission task and needs.



## **COURSE: CF M.A.C.H. Sustainment Trainer**

Controlled F.O.R.C.E. M.A.C.H. Level 1 and 2 Trainer.

Controlled F.O.R.C.E. has formulated a modernized AT/FP training Program that delivers more information in a shorter period of time with a higher level of retention. We have cut out the nonsense that impedes typical combative programs to transfer knowledge rapidly and decisively. The program has been adopted by US Army / USMC MP School House, USN MAA and Corrections School. It is also currently part of the DOD INIWIC program.

### **COURSE LENGTH**

All Courses are 5 Days,  
except CF M.A.C.H.  
Sustainment Trainer,  
which is 4 Days.

### **Contact**

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